



Strive To Be CIC

At strive mentoring we place young people at the centre of every decision, intervention and opportunity.

We are committed to acting in their best interests, providing personalised support, meaningful engagement and clear pathways towards a positive and sustainable future.



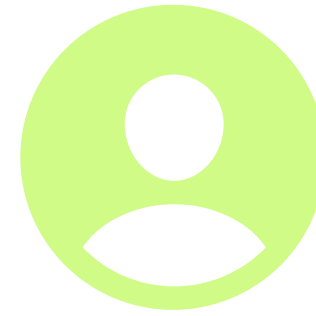
STRIVE TO BE cic
YOURSELF BETTER HEALTHY

MENTORING THAT TRANSFORMS LIVES

StriveTo Be CIC



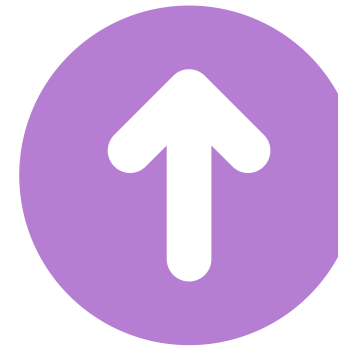
OUR MISSION



Personalised support



Meaningful engagement



Positive futures

No two young people are the same. Our approach is flexible, responsive and focused on what works best for each individual.

“Putting young people first every step of the way”

OUR PROGRAMMES

1:1 STRIVE MENTORING

Intensive, personalised support tailored to each young person's needs.



GROUP MENTORING THROUGH SPORT ACTIVITIES

Engaging group sessions using sport and activities to build tasks, confidence and connections.

WHO WE SUPPORT

We work with young people aged 11-16 who may be:

- Struggling with school engagement or attendance
- On the verge of exclusion or already excluded
- Displaying challenging behaviour or high behaviour logs
- Experiencing difficulties at home
- Disadvantaged or vulnerable
- Involved in anti-social behaviour (ASB)
- Receiving a first-time youth caution (not including a conditional caution)



We meet young people where they are and help them get to where they want to be.

1:1 STRIVE MENTORING



Intensive, one-to-one mentoring tailored to each individual.

KEY FOCUS

- Building positive relationships through interests and passions
- Setting clear, achievable goals
- Creating personalised timetables
- Supporting positive behaviour change
- Developing emotional wellbeing and resilience
- Building confidence and self-belief
- Guiding pathways into education, training, work experience and employment

 DURATION 6 weeks minimum (flexible)	 TIME 1-2 hours per week	 WHERE School or community settings
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Coaching approach – Sport sessions – Community activities
– Visits to events, matches & more

GROUP MENTORING THROUGH SPORT & ACTIVITIES



Using sport and shared activities to engage, develop skills and build brighter futures.

KEY OUTCOMES

- ✓ Positive relationships with trusted mentors
- ✓ Connection through shared interests
- ✓ Teamwork, leadership and communication skills
- ✓ Decision making, problem solving and accountability
- ✓ Links to school and the wider community
- ✓ Pathway into 1:1 mentoring where needed

 GROUP SIZE 8-10 young people	 DURATION 6 weeks minimum (flexible)	 SESSION TIME 45mins-2hours per week	 WHERE School – Indoor or outdoor facilities
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Activities include: Football, Boxing, Dodgeball, Basketball, Pickleball and more.

OUR APPROACH

A structured, holistic model designed to create lasting change.

1

RELATIONSHIP MENTORING

Building trust, consistency and positive role models.
No relationship = no impact.

2

ENGAGEMENT THROUGH PASSION

Using interests and activities to build confidence, purpose and motivation.

3

STRUCTURED DEVELOPMENT

Using the GROW model (Goals, Reality, Options, Will) to guide progress each week.

4

EDUCATION & EMPLOYMENT PATHWAYS

Bespoke pathways into school, training, work experience and employment.

5

EXIT PLANNING & LONG-TERM IMPACT

Clear next steps and strong transitions into a positive future.

WHY CHOOSE STRIVE

MENTORING?

- ✓ Medway based with deep community understanding
- ✓ Passionate, experienced & highly skilled team
- ✓ Over 20 years of combined experience in education and mentoring
- ✓ Strong partnerships with schools & local services
- ✓ Proven early impact and positive feedback
- ✓ Rapid response and hands-on delivery
- ✓ Wide network of opportunities beyond sport
- ✓ Leadership team actively involved in frontline delivery

LET'S BUILD A BRIGHTER FUTURE TOGETHER

Partner with Strive mentoring and help young people unlock their potential, overcome challenges and achieve their goals.

- ✓ IMPROVE OUTCOMES
- ✓ REDUCE EXCLUSIONS
- ✓ BUILD CONFIDENCE
- ✓ CREATE POSITIVE CHANGE

READY TO MAKE AN IMPACT?

Get in touch today to discuss how we can support your young people.

Facebook Strive To Be CIC
Instagram @strivetobecic



MENTORING THAT TRANSFORMS LIVES

OUR MISSION



- Personalised support**
- Meaningful engagement**
- Positive futures**

Providing tailored, listening and engaging support to meet individual needs.

- Building confidence, life skills and aspirations
- Helping young people achieve their potential

OUR PROGRAMMES



KEY OUTCOMES

- Increased self-confidence and resilience
- Improved emotional wellbeing
- Better school attendance & engagement
- Greater aspirations and life skills
- Healthier relationships
- Less risk-taking behaviour

WHY CHOOSE STRIVE MENTORING?

- Experienced, caring mentors
- Proven positive outcomes
- Engaging activities
- Dedicated support and positive partnerships
- Flexible programmes

OUR PROGRAMMES

1:1 STRIVE MENTORING

Intensive personalised support tailored to each young person's needs.



GROUP MENTORING THROUGH SPORT & ACTIVITIES

Engaging group sessions using sport and activities to build trust, confidence and connections.

WHO WE SUPPORT

Safe, trusted and approachable mentors
 Flexible weekly sessions tailored to needs
 Focused on empowerment and positive change
 Caring, non-judgemental, strength-based support

LET'S BUILD A BRIGHTER FUTURE TOGETHER

- IMPROVE OUTCOMES
- BUILD RESILIENCE
- CREATE POSITIVE CHANGE

